

Solution preparation

The solution used in the extraction

• 0.2 M Na₂HPO₄ for 1100 ml (X)

Weight Na_2HPO_4 for 28.39 g adjust volume with distilled water to 1000 ml. Weight Na_2HPO_4 for 2.84 g adjust volume with distilled water to 100 ml

- 0.2 M NaH_2PO_4 for 500 ml (Y) Weight NaH_2PO_4 12 g adjust volume with distilled water to 500 ml
- Stock 0.2 M PBS buffer pH 7.2 (Z) for 500 ml (≥300 ml) (36 Na₂HPO₄: 14 NaH₂PO₄)
 Bring X 1080 ml mix together with Y 420 ml
- 0.05 M PBS pH 7.2 containing 150mM NaCl
 Bring Z for 125 ml and weigh NaCl 4.38 g mix them, adjust volume with distilled
 water to 500 ml then adjust pH to 7.2
- 0.1M PBS pH 7.2 containing 150mM NaCl
 Bring Z for 250 ml and weigh NaCl 4.38 g mix them, adjust volume with distilled
 water to 500 ml then adjust pH to 7.2
- 0.15 M PBS pH 7.2 containing 150mM NaCl
 Bring Z for 357 ml and weigh NaCl 4.38 g mix them, adjust volume with distilled
 water to 500 ml then adjust pH to 7.2

The solution used in pH adjusting

- 1 N HCl 25 ml
 Bring 37% HCl for 9.85 ml adjust the volume with distilled water to 100 ml
- 1 N NaOH 25 ml
 Weight NaOH 4 g, Adjust the volume with distilled water to 100 ml

The solution used in sample dissolving

Acetate buffer (2 mM buffer pH 4.5, 20 mM CaCl₂, 10 mM NaCl) 1000 ml
 Prepare 500 ml of 0.2 M Sodium acetate by weight Sodium Acetate for 13.61 g
 adjust the volume with distilled water to 500 ml. Prepare 500 ml of 0.2 M acetic acid

by bringing the acetic acid for 6 ml adjust the volume with distilled water to 500 ml. Pour the 0.2 M Sodium Acetate from the previous into the 0.2 M acetic acid to get the pH 4.5 then get the solution for 100 ml, Add the 0.58 g of NaCl, and 2.22 g of CaCl $_2$ and finally adjust the volume with distilled water to 1000 ml.

The solution used in Protein content quantification (Bradford assay)

- 0.15 M NaCl 500 ml
 Weight NaCl 4.38 g, Adjust the volume with distilled water to 100 ml
- 1000 µg/ml of BSA solution 100 ml

 Weight BSA for 0.1 g adjust the volume with the previous 0.15 M NaCl to 100 ml
 - Coomassie blue reagent

Bring 0.05 g of Coomassie blue, 50 ml of methanol, and 100 ml of 85% phosphoric acid, and pour them into distilled water 500 ml. Filtrate the residues off. Finally, add another 300 ml of distilled water. Store in 4 °C.

Solution used in α -amylase inhibition quantification (Bernfeld assay)

- Succinate buffer (15 mM, 20 mM CaCl₂, and 0.5 M NaCl, pH 5.6); 500 ml
 Weight 0.88 g of Succinic acid, 1.11 of CaCl₂, and 14.61 g of NaCl. Mix them
 adjust the volume with distilled water to 500 ml and adjust the pH to 5.6
- Porcine pancreatic α -amylase (40 U/ml); 100 ml Weight 0.27 g of Porcine pancreatic α -amylase adjust the volume to 100 ml with the previous Succinate buffer.
 - 6.7 mmol/L NaCl 250 ml
 Weight NaCl for 0.1 g adjust the volume with distilled water to 250 ml (Z)
 - 0.2 M Na_2HPO_4 100 ml (ZX) Weight Na_2HPO_4 2.84 g adjust the volume with Z to 100 ml
 - 0.2 M NaH₂PO₄ 100 ml (ZY)
 Weight NaH₂PO₄ 2.4 g adjust the volume with Z to 100 ml

20 mmol/L sodium phosphate buffer containing 6.7 mmol/L NaCl, pH 6.9; 100 ml (ZXY)

Mix 55 ml of ZX and 45 ml of ZY 45 ml adjust the volume with distilled water to 100 ml adjust the pH to $6.9\,$

- Soluble starch 2%(w/v); 100 ml
 Weight Soluble starch for 2 g mixed with ZXY 100 ml
- DNS solution 100 ml

Weight 1 g of DNS, 30 g of sodium potassium tartrate, and 40 ml of 1 M NaOH 40 ml adjust the volume with distilled water to 100 ml $\,$

Maltose stock solution (10 mg/ml); 25 ml
 Weight maltose for 0.25 g adjust the volume with ZXY to 25 ml



Standard curves

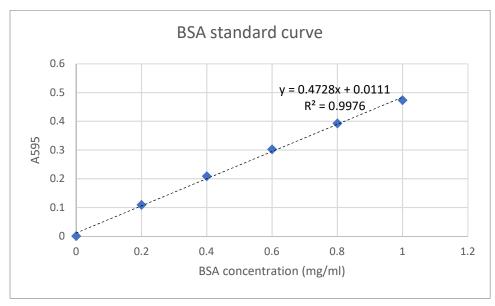


Figure B.1 BSA standard curve

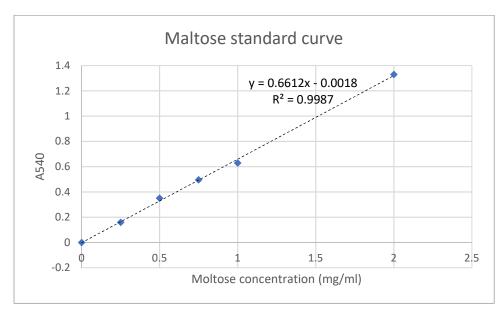
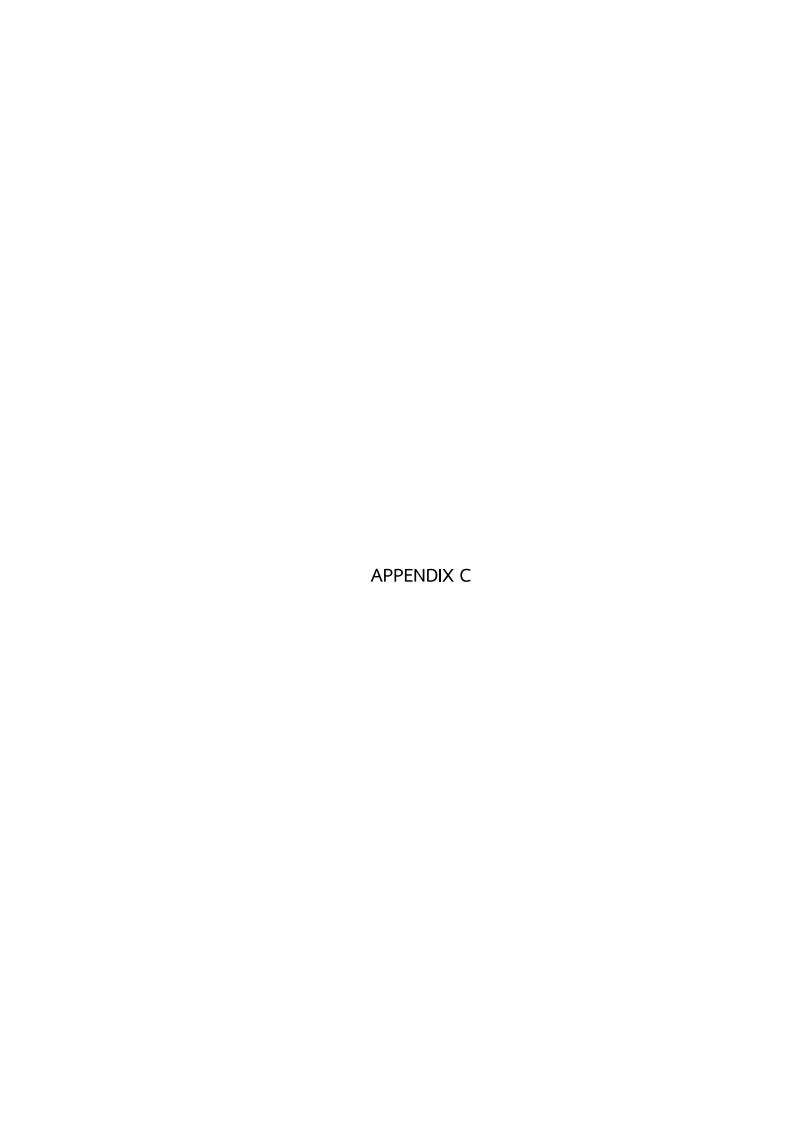


Figure B.2 Maltose standard curve



Diet energy and rats water intake

Table C.1 Products energy

Products	A + + v: lo . v + o	Energy
Products	Attribute	(kcal/g)
Lay's	salty	5.3
Lay's Stax	salty	5.2
Twistko	salty	4.7
Poo Thai	salty	5.4
Cornae	salty	5.8
Hanami	salty	5
Dino park	salty	5.3
Ellse brand layer vanilla flavoured cake with white cream	sweaty	4.7
Imperial cookies vanilla ring	sweaty	5.2
Sando creamy vanilla	sweaty	5.4
Fun-o sandwich cookies filled with milk cream	sweaty	4.8
Tivoli Twin milk flavoured	sweaty	5
Crispy waters filled with milk cream	sweaty	5
Voiz Cracker Creamy Butter	sweaty	5
Rosy sandwich crackers cheese	salty/sweaty	5.3
Rosy crackers original	salty/sweaty	5
CP Smoked Sausage	salty	2.9

Table C.2 Chow diet energy

chow	(g/g	(kcal/g	
CHOW	chow)	chow)	
protein	0.240	0.960	
fat	0.045	0.405	
carbohydrate	0.448	1.792	
Total energy		3.2	

Table C.3 Syrup energy

Syrup	Energy (kcal/ml)
10% syrup	0.4
20% syrup	0.9

Table C.4 Rats water intake

	Water intake (mL/week/rat)						
Groups	Week 0	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
SDV	191 ± 15 ^b	242 ± 21 b	248 ± 13	212 ± 11 °	229 ± 2 ^b	207 ± 6 ^b	242 ± 32
SDLP	202 ± 41 ab	262 ± 46 b	272 ± 59	308 ± 27^{a}	282 ± 34^{a}	270 ± 32^{a}	260 ± 38
SDHP	235 ± 41 ab	305 ± 26 a	289 ± 33	266 ± 9 ^b	291 ± 39 ^a	263 ± 29 ^a	265 ± 41
SDM	223 ± 22 ^a	278 ± 32 ab	299 ± 54	261 ± 27 b	264 ± 49 ^{ab}	269 ± 59 ^a	260 ± 49
CAFV	292 ± 54 *	305 ± 57 *,b	257 ± 29 ^b	238 ± 38 ^c	270 ± 30 *,c	399 ± 70 *,b	338 ± 68 *,bc
CAFLP	300 ± 13 *	407 ± 42 *,a	259 ± 40 ^b	298 ± 22 b	382 ± 36 *,a	433 ± 10 *,ab	385 ± 33 *,ab
CAFHP	272 ± 59	285 ± 67 b	266 ± 70 b	314 ± 36 *,b	293 ± 38 bc	331 ± 40 *,c	311 ± 29 *,c
CAFM	255 ± 39	326 ± 53 *,b	372 ± 41 *,a	358 ± 32 *,a	342 ± 66 *,ab	478 ± 50 *,a	412 ± 24 *,a

Values are expressed as means \pm S.D.

^{*} Significant difference between SD and CAF groups with the same treatment (p < 0.05).

^{ab} Significant difference between vehicle and treatment groups (p < 0.05).