

TOWARDS UNDERSTANDING IN MOLECULAR TAXONOMY USING AN *In Silico* APPROACH: A CASE STUDY IN LACTIC ACID BACTERIA

Komsit Wisitrasamewong¹, Jedsadapa Jongmahasavat¹, Saisamorn Lumyong² and Ekachai Chukeatirote^{1*}

Received: Nov 1, 2008; Revised: Jan 13, 2009; Accepted: Jan 15, 2009

Abstract

In this paper, we propose an *in silico* analysis using the lactic acid bacteria (LAB) to gain understanding in their diversity, detection, identification and classification. Initially, the 16S rRNA gene sequences of 90 LAB species retrieved from the GenBank database were analysed in terms of their similarity and variation using the ClustalW software. The phylogenetic tree was then constructed in order to investigate their evolutionary relationship. It was found that, according to the tree, the LAB could be grouped into 6 distinct clades similar to the genus classification except the genus *Lactobacillus*. In addition, these results obtained were in agreement with the data derived from traditional identification. The probes were also identified based on the multiple sequence alignment results to identify the LAB at different levels such as group, genus and species. Furthermore, the *in silico* PCR-RFLP was performed to reveal their taxonomic classification. Various kinds of restriction endonucleases were selected and used to restrict the LAB 16S rRNA genes to observe their restriction profiles. It was found that *Bsa*WI, *Bst*DSI and *Dsa*I produced distinct restriction patterns suitable for genus and species determination.

Keywords: *in silico*, molecular taxonomy, lactic acid bacteria

Introduction

Lactic acid bacteria (LAB), albeit used as a loosely defined term, are referred to a related group of bacteria that share the property of producing lactic acid as the principal end-product from hexoses. Nevertheless, it is agreeable that LAB are Gram-positive, non-spore forming, catalase negative which consist of both cocci and bacilli forms. Typical LAB are acid tolerant, fastidious and grow under microaerophilic to obligately

anaerobic conditions. Nowadays, it is generally acknowledged that LAB consist of a wide range of genera including *Bifidobacterium*, *Lactobacillus*, *Lactococcus*, *Enterococcus*, *Streptococcus*, *Pediococcus*, *Leuconostoc*, and *Weissella* (Stiles and Holzapfel, 1997). They can be isolated from soil, water, silage, and fermented food products. In addition, several LAB species are part of the microbiota in the gastro-intestinal

¹ School of Science, Mae Fah Luang University, Chiang Rai, 57100, Thailand. E-mail: ekachai@mfu.ac.th

² Department of Biology, Faculty of Science, Chiang Mai University, Chiang Mai, 50200, Thailand.

* Corresponding author

tract of man and animal. Particular attention has been focused on LAB because the group has been shown to produce distinct metabolites that can be applied in various applications including food, medicine and industry. Due to their long history of safe use, known as GRAS (Generally Regarded As Safe) status, a number of LAB species have been used as starter culture in many kinds of fermented foods (Lee, 1997; Awad *et al.*, 2007; de Vuyst *et al.*, 2008). Besides, a group of metabolites produced by LAB which include organic acids, diacetyl, acetoin, hydrogen peroxide, antibiotics and bacteriocins has been shown to contribute in improving the quality of fermented foods possibly by preventing pathogens, extending shelf life and improving sensory qualities (Hannon *et al.*, 2007; Gerez *et al.*, 2009). Some strains of LAB are also currently used as probiotics (Chukeatirote, 2003; Saito, 2004; Ljungh and Wadstrom, 2006). Last but not least, biodegradable plastic of polylactide (PLA) can be generated from food waste using LAB and this achievement would definitely make a major impact on environmental issues (Sakai *et al.*, 2004).

Owing to their significance, identification of the correct LAB species (or even a particular strain) is thus crucial especially when considered from the safety and legislative (i.e., labelling and patenting) issues. However, routine identification of LAB in most laboratories still depends on traditional techniques. This includes morphological, physiological and biochemical assays in which the results obtained are often ambiguous, laborious, time-consuming and, more importantly, may lead to misidentifications (Bonomo *et al.*, 2008; Fontana *et al.*, 2005). During the past two decades, molecular means especially those relied on rRNA gene sequence have been shown to be a powerful tool for detection and identification (Amann *et al.*, 1995; Head *et al.*, 1998). These techniques are not only simple and rapid but have also successfully overcome the limitations of the traditional methods. It is therefore not surprising that a number of articles have been reported on molecular identification and characterisation of LAB (reviewed in Amor *et al.*, 2007; Ehrmann

and Vogel, 2005; Temmerman *et al.*, 2004). Unfortunately, these published results appear to be specific and focus on probiotic species (including those are of great importance in industry only). It should also be noted that the molecular techniques used for taxonomic identification still remains unclear to most biologists. Additionally, regarding molecular taxonomy, some scientists tend to think of advanced technology that has to deal with special expertise and state-of-art scientific instruments. As a result, these molecular techniques although originated nearly thirty years ago are not widespread and thus limited to certain groups of scientists. This paper is therefore an attempt to introduce the concept of molecular taxonomy using the LAB group as a case study. A series of molecular techniques were performed *in silico* to deal with the LAB diversity and their phylogenetic relationship.

Methodology

As shown in Table 1, representatives of LAB species were collected from the DSMZ's catalogue (DSMZ, 2008). Their 16S rRNA gene sequences were then retrieved from the GenBank database (Benson *et al.*, 2008) and aligned by ClustalW software in which the phylogenetic tree used to classify the evolutionary relationships was also generated (Larkin *et al.*, 2007). Further analysis was then performed by applying these data to the principles of molecular techniques related to taxonomic identification. Sequences of highly variable regions were screened and selected to design probes specific at different levels (i.e., species and genus). The probe specificity was evaluated *in silico* using the Probe Match software available from the Ribosomal Database Project (RDP-II) (Cole *et al.*, 2005). In addition, the PCR technique was also introduced by locating the identical areas at the 5'- and 3'-ends of the 16S rRNA sequences. Such identical areas referred to 'designed' primers were flanked the nucleotide regions from which their whole internal sequences were represented as 'amplified' fragments. For *in silico* PCR-RFLP (polymerase chain reaction-restriction fragment

length polymorphism), such 'amplified' fragments were subjected to various kinds of restriction endonuclease enzymes using the Webcutter 2.0 software (Heiman, 1997). The RFLP diagram was then established using Microsoft Excel.

Results and Discussion

The LAB group is heterogenous consisting of several genera. To reveal their diversity and evolutionary relationship, we attempted to use molecular tools based on sequence comparisons of the 16S rRNA genes. The use of rRNA gene in studying phylogenetic relationship of living organisms is now widely approved because of several beneficial features such as presence in all cellular life forms, conserved sequence domains and functions and availability of databases (Amann *et al.*, 1995). It should be also mentioned that, in this study, an *in silico* approach was performed and thus not required any expensive materials (i.e., chemicals and enzymes) and analytical instruments.

Initially, ninety LAB species were selected and their 16S rRNA gene sequences were retrieved from the GenBank database as shown in Table 1. The 16S rRNA gene sequences of *Escherichia coli* and *Pseudomonas fluorescens* were also used for outgroup analysis. These 16S rRNA sequences were then subjected to multiple sequence analysis using ClustalW software in which the dendrogram was also generated (Figure 1). According to Figure 1, the LAB species could be grouped into six different clades: L1 (*Lactobacillus* spp.), L2 (*Bifidobacterium* spp.), L3 (*Lactococcus* spp.), L4 (*Leuconostoc* spp.), L5 (*Weissella* spp.) and L6. It should be noted however that the clade L6 was polyphyletic consisting of the genera *Lactobacillus* and *Pediococcus*. These data were then used to determine if there was any relationship to morphological, physiological and biochemical data as illustrated in Table 2. The interpretation of both data sets appeared to be in agreement.

An *in situ* hybridisation technique was then introduced to further explain the principles

and applications of molecular taxonomy in bacterial identification. Although the 16S rRNA gene sequence is well known to have highly conserved structures, it contains some variable regions that can be used as specific probes for detection and identification. Such sequences are useful and can be applied for genus and/or species identification. In this study, a number of probes could be designed and they were useful at the group (3 probes), genus (30 probes), and species (209 probes) levels (not all data were shown). Some examples of these specific probes are shown in Table 3.

Additionally, we also used PCR-RFLP with an expectation that this technique could help generate distinct 'amplified' DNA profiles for LAB discrimination. For this, the universal primers previously reported (Marchesi *et al.*, 1998) were used to *in silico* amplify the internal sequence. The amplicons obtained were then subjected to digestion by several restriction endonucleases using the Webcutter software. A few examples of such PCR-RFLP profiles are shown in Figure 2. These *in silico* results are in agreement with previously published work (Aymerich *et al.*, 2006; Rantsiou *et al.*, 2006).

Similar to other microbes, the identification of LAB species has previously been performed using traditional approach which is based on their morphological and biochemical characteristics. However, it has been shown that these analyses are inconsistent and often give different biochemical results depending on strains and variations. Currently, several molecular techniques such as RAPD (Random Amplification of Polymorphic DNA), RFLP (Restriction Fragment Length Polymorphism) and ARDRA (Amplified rDNA Restriction Analysis) have been established and used in microbial identification and characterisation. The advantages and disadvantages between the two approaches have been extensively discussed (Amor *et al.*, 2007; Temmerman *et al.*, 2004). For example, traditional biochemical tests can be carried out easily in any laboratory but the technique is laborious (due to many media and biochemical reactions) and time-consuming. Besides, variations in biochemical profiles within

Table 1. Lists of LAB species used in this study

Genus	Species	Strain	Accession no.
<i>Lactobacillus</i>	<i>Lb. acetotolerans</i>	DSM 20749	M58801
	<i>Lb. acidophilus</i>	BCRC 10695	AY773947
	<i>Lb. alimentarius</i>	DSM 20249	M58804
	<i>Lb. amylocticus</i>	LA 5	Y17361
	<i>Lb. amylophilus</i>	DSM 20533	M58806
	<i>Lb. amylovorus</i>	DSM 20531	M58805
	<i>Lb. animalis</i>	DSM 20602	M58807
	<i>Lb. bifementans</i>	DSM 20003	M58809
	<i>Lb. brevis</i>	ATCC 14869	M58810
	<i>Lb. casei</i>	DSM 20021	M58815
	<i>Lb. coryneformis</i>	DSM 20001	M58813
	<i>Lb. curvatus</i>	DSM 20010	AJ270951
	<i>Lb. delbrueckii</i>	DSM 20074	M58814
	<i>Lb. fermentum</i>	ATCC 14931	M58819
	<i>Lb. fructivorans</i>	DSM 20203	M58818
	<i>Lb. gastricus</i>	LMG 22113T	AY253658
	<i>Lb. helveticus</i>	NCDO 2712	X61141
	<i>Lb. intestinalis</i>	DSM 6629T	AJ306299
	<i>Lb. kefiranoformis</i> subsp. <i>kefirgranum</i>	CECT 5919T	AJ575742
	<i>Lb. kefiranoformis</i> subsp. <i>kefiranoformis</i>	R-14703	AJ575260
	<i>Lb. kefir</i>	NRIC 1693	AB024300
	<i>Lb. kimchii</i>	AP1077	AF183558
	<i>Lb. malefermentans</i>	CECT 5928T	AJ575743
	<i>Lb. manihotivorans</i>	YAM I	AF000163
	<i>Lb. mucosae</i>	DSM 13345	AF126738
	<i>Lb. oligofermentans</i>	533	AY733085
	<i>Lb. Paracasei</i>	LPC1	AY675255
	<i>Lb. parakefiri</i>	LMG 15133T	AY026750
	<i>Lb. paralimentarius</i>	ACA-DC 3415	AJ422036
	<i>Lb. Paraplantarum</i>	DSM 10667T	AJ306297
	<i>Lb. pentosus</i>	JCM 1558	D79211
	<i>Lb. plantarum</i>	DSM 20205	M58827
<i>Lb. rhamnosus</i>	LR 2	AY675254	
<i>Lb. ruminis</i>	DSM 20403	M58828	
<i>Lb. sakei</i>	DSM 20017	M58829	
<i>Lb. salivarius</i> subsp. <i>salicinius</i>	DSM 20554	M59054	
<i>Lb. salivarius</i> subsp. <i>salivarius</i>	ATCC 11741	AF089108	
<i>Lb. sanfranciscensis</i>	ATCC 27651	X76327	
<i>Lb. thermotolerans</i>	G22	AF308147	
<i>Lb. vaginalis</i>	NCTC 12197	X61136	
<i>Bifidobacterium</i>	<i>B. angulatum</i>	ATCC 27535	D86182
	<i>B. animalis</i>	Bb 12	AB027536
	<i>B. asteroides</i>	ATCC 29510	M58730
	<i>B. bifidum</i>	BF2	AY694148
	<i>B. boum</i>	JCM 1211	D86190
	<i>B. breve</i>	BR2	AY735402
	<i>B. catenulatum</i>	ATCC 27539	M58732
	<i>B. choerinum</i>	ATCC 27686	D86186
	<i>B. coryneforme</i>	ATCC 25911	M58733
	<i>B. cuniculi</i>	ATCC 27916	M58734
	<i>B. dentium</i>	ATCC 15423	M58735
	<i>B. gallicum</i>	JCM 8224	D86189
	<i>B. gallinarum</i>	JCM 6291	D861191
	<i>B. indicum</i>	ATCC 25912	M58737
	<i>B. longum</i>	ATCC 15707	M58739
	<i>B. magnum</i>	ATCC 27540	M58740
	<i>B. mininum</i>	ATCC 27538	M58741

Genus	Species	Strain	Accession no.
	<i>B. pseudolonggum</i>	ATCC 25526	M58742
	<i>B. thermophilum</i>	ATCC 25525	AB026246
<i>Leuconostoc</i>	<i>Ln. argentinum</i>	DSM 8581	AF175403
	<i>Ln. carnosum</i>	NCFB 2776	X95977
	<i>Ln. citreum</i>	NCFB 2787	X53963
	<i>Ln. fallax</i>	DSM 20189	S63851
	<i>Ln. ficulneus</i>	FS-1	AF360736
	<i>Ln. fructosum</i>	NCDO 2345	X61140
	<i>Ln. Garlicum</i>	-	AY456086
	<i>Ln. gasicomitatum</i>	LMG 18811	AF231131
	<i>Ln. gelidum</i>	JCM 10093	AB004661
	<i>Ln. inhae</i>	LM 2630	AY675244
	<i>Ln. kimchii</i>	IH25	AF173986
	<i>Ln. lactis</i>	DSM 20202	M23031
	<i>Ln. mesenteroides</i>	DSM 20343	M23035
	<i>Ln. pseudoficulneum</i>	LC51	AY169967
	<i>Ln. pseudomesenteroides</i>	NCDO768	X95979
<i>Pediococcus</i>	<i>Pc. acidilactici</i>	NCDO 2767	X95976
	<i>Pc. damnosus</i>	DSM 20331	AJ318414
	<i>Pc. dextrinicus</i>	JCM 5887	D87679
	<i>Pc. inopinatus</i>	DSM 20285	AJ271383
	<i>Pc. parvulus</i>	JCM 5889	D88528
	<i>Pc. pentosaceus</i>	RO95	AF515227
	<i>Pc. rinaeequi</i>	IFO12173	D87677
<i>Lactococcus</i>	<i>Lc. garvieae</i>	MR1	AF283499
	<i>Lc. raffinolactis</i>	NCDO 2118	X54260
	<i>Lc. piscium</i>	HR1A-68	X53905
	<i>Lc. Lactis</i>	NCDO 617	X54261
<i>Weissella</i>	<i>W. cibaria</i>	PL9001	AF477495
	<i>W. confuse</i>	LMG 17699T	AJ295989
	<i>W. halotolerans</i>	DSM 20190	M23037
<i>Streptococcus</i>	<i>S. thermophilus</i>	DSM 20617	X68418

bacterial strains may lead to misidentification. In contrast, the molecular techniques offer a rapid means and the results are derived from the genetic information which is not affected by environmental factors (i.e., culture conditions).

Conclusions

This present paper illustrates the use of molecular techniques for LAB identification. Interestingly, a series of molecular means introduced in this study appear to be a good case providing a general and detailed background for biologists who have little experience in molecular tech-

niques. Due to several beneficial properties, the rRNA gene sequence is selected and used as representatives in this study. However, other housekeeping genes (i.e., RecA, gyrD and 6-phosphogluconate dehydrogenase) can also be used in introducing the principle of molecular techniques and it is interesting to compare such results in terms of the LAB phylogenetic relationship. Furthermore, it should be emphasised that an *in silico* approach is performed and thus overcomes the limitation of expensive chemicals and advanced analytical instruments.

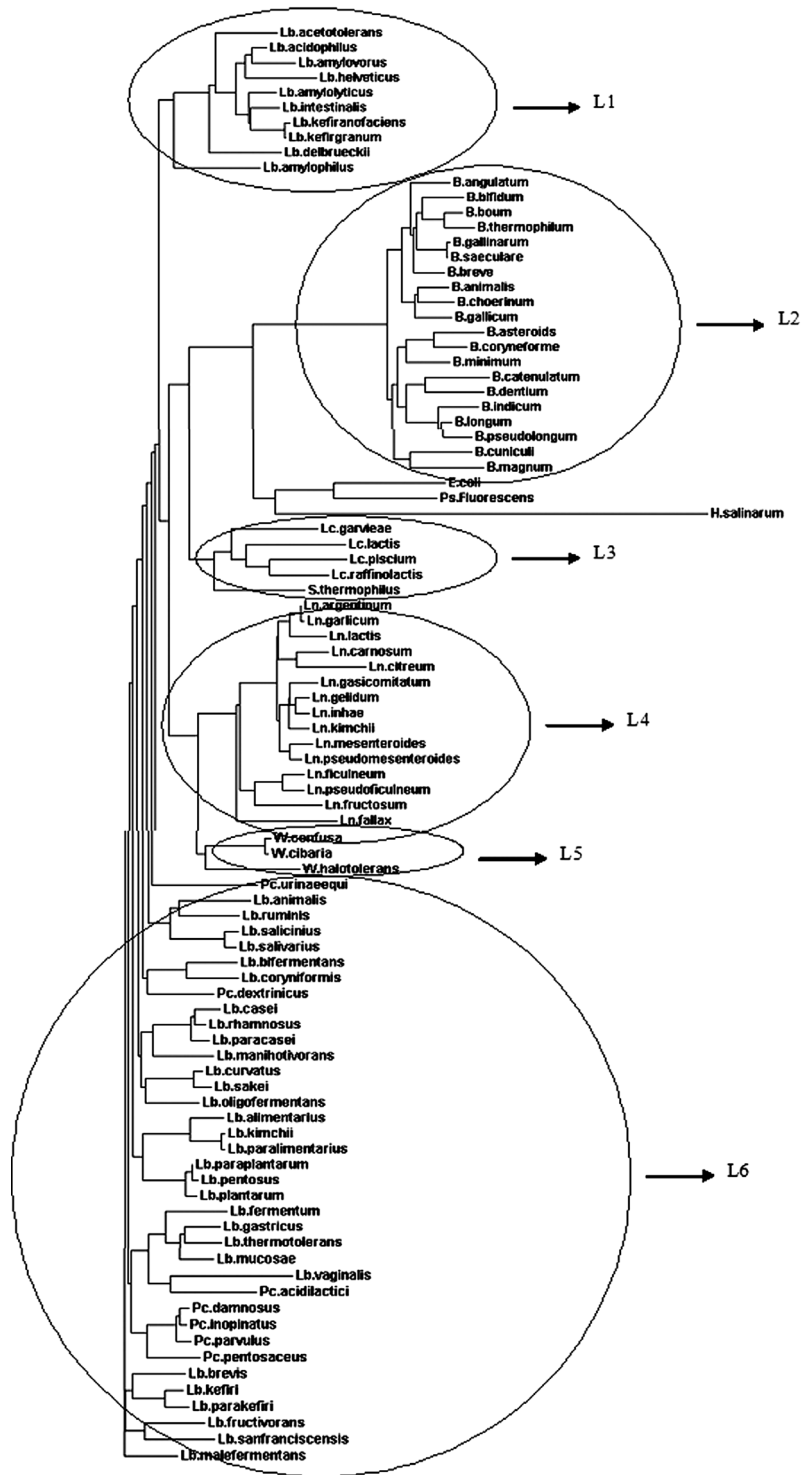


Figure 1. Phylogenetic tree of LAB species based on their 16S rRNA gene similarity

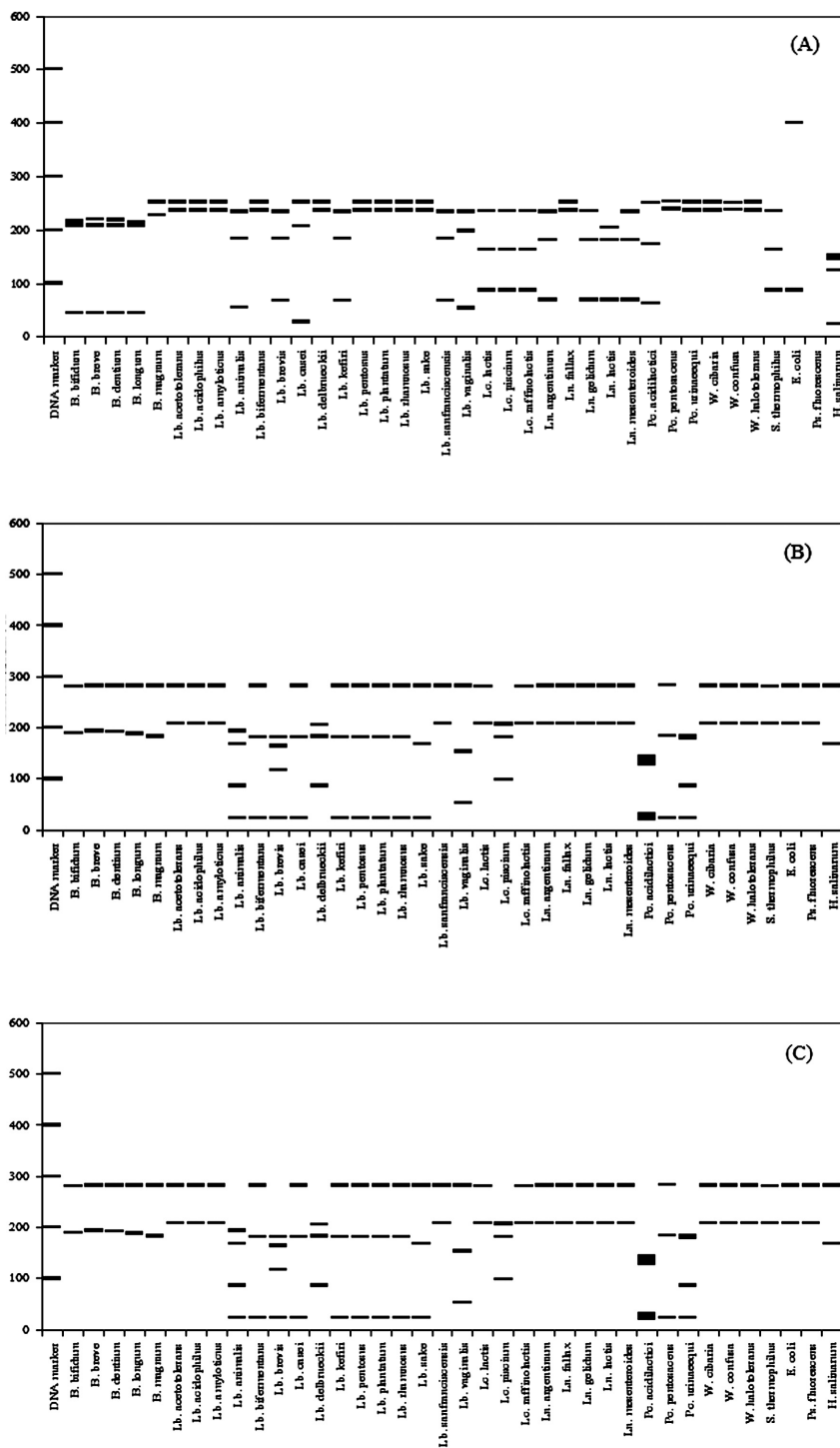


Figure 2. Representatives of *in silico* analysis of LAB 16S rRNA genes using *Bsa*WI (A), *Bst*DSI (B) and *Dsa*I (C)

Table 2. Some morphological, physiological and biochemical features of LAB species used in this study

Characteristics	L1	L2	L3	L4	L5	L6
Cell morphology	Rod	Rod	Cocci	Lenticular cocci	Irregular cocci / rod	Rod / cocci
%G+C	32 - 51	55 - 67	37 - 44	38 - 44	44 - 45	34 - 54 ^a
Optimal T for growth	28 - 45	37 - 41	30 - 45	20 - 30	30 - 37	30 - 45
Motility	-	-	-	-	-	- ^b
Oxygen requirement ^c	F	A	F	F	F	F
Fermentation ^d	FH, HO	HE	HO	HE	HE	FH, HO, HE
Lactate isomer	D / L / DL	D / L	L	D	D / DL	D / L / DL
Catalase test	-	- ^e	-	-	-	- ^f
Nitrate reduction	-	-	-	-	-	-

Notes: ^a%G+C of *Lb. fermentum* is higher than 50% (52 - 54).

^b*Lb. ruminis* is an exception possessing peritrichous flagella.

^cF = Facultative anaerobe; A = Obligate anaerobe.

^dFH = Facultative heterofermentative; HE = Heterofermentative; HO = Homofermentative.

^e*B. indicum* and *B. asteroides* are excluded.

^f*Pc. acidilactici* and *Pc. pentosaceus* are excluded.

Table 3. Representatives of specific probes of LAB species

Code no.	Probe sequence (5'-3')	Nucleotide position ^a	Genus ^b		
			Group	Specificity	Species ^c
KC001	CACCGCTACACATGGAGTTCCAC	664-686	+	-	-
KC007	GCGATGGACTTTCACACC	600-617	-	B	-
KC013	CCATACAACAGT	434-445	-	Ln	-
KC024	CCACTCTCACAC	454-465	-	S	-
KC031	CCGATGCACTTC	627-638	-	Lb	-
KC035	ATCGGGATGTCAAGAGG	986-1001	-	-	+
KC059	CCTTTTATAAGCTGA	191-202	-	-	+
KC098	TCATCCAGAAGTGATAG	836-847	-	-	+
KC216	CCCCACCGTCAAGCTG	244-259	-	-	+

Notes: ^aPositions of nucleotides in accordance with those of *Escherichia coli* 16S rRNA gene.

^bB = *Bifidobacterium*; Ln = *Leuconostoc*; S = *Streptococcus*; Lb = *Lactobacillus*.

^cKC035 for *S. thermophilus* DSM 20617; KC059 for *Lb. acidophilus* NCDO 1748 and ATCC 4356; KC098 for *Lactobacillus brevis* ATCC 1486, NRIC 1684, str. K9 and L63; KC216 for *B. indicum* ATCC 25912

References

- Amann, R.I., Ludwig, W., and Schleifer, K.H. (1995). Phylogenetic identification and *in situ* detection of individual microbial cells without cultivation. *Microbiological Reviews*, 59:143-169.
- Amor, K.B., Vaughan, E.E., and de Vos, W.M. (2007). Advanced molecular tools for the identification of lactic acid bacteria. *Journal of Nutrition*, 137:741S-747S.
- Awad, S., Ahmed, N., and Soda, M.E. (2007). Evaluation of isolated starter lactic acid bacteria in Ras cheese ripening and flavour development. *Food Chemistry*, 104:1,192-1,199.
- Aymerich, T., Martin, B., Garriga, M., Vidal-Carou, M.C., Bover-Cid, S., and Hugas, M. (2006). Safety properties and molecular strain typing of lactic acid bacteria from slightly fermented sausages. *Journal of Applied Microbiology*, 100:40-49.
- Benson, D.A., Karsch-Mizrachi, I., Lipman, D.J., Ostell, J., and Wheeler, D.L. (2008). GenBank. *Nucleic Acids Research*, 36: D25-D30.
- Bonomo, M.G., Ricciardi, A., Zotta, T., Parente, E., and Salzano, G. (2008). Molecular and technological characterization of lactic acid bacteria from traditional fermented sausages of Basilicata region (Southern Italy). *Meat Science*, 80:1,238-1,248.
- Chukeatirote, E. (2003). Potential use of probiotics. *Songklanakarin Journal of Science and Technology*, 25:275-282.
- Cole, J.R., Chai, B., Farris, R.J., Wang, Q., Kulam, S.A., McGarrell, D.M., Garrity, G.M., and Tiedje, J.M. (2005). The Ribosomal Data base Project (RDP-II): sequences and tools for high-throughput rRNA analysis. *Nucleic Acids Research*, 33:D294-D296.
- de Vuyst, L., Falony, G., and Leroy, F. (2008). Probiotics in fermented sausages. *Meat Science*, 80:75-78.
- DSMZ. Available at http://www.dsmz.de/microorganisms/bacteria_catalogue.php (Last accessed 31 October 2008).
- Ehrmann, M.A. and Vogel, R.F. (2005). Molecular taxonomy and genetics of sourdough lactic acid bacteria. *Trends in Food Science and Technology*, 16:31-42.
- Fontana, C., Cocconcelli, P.S. and Vignolo, G. (2005). Monitoring the bacterial population dynamics during fermentation of artisanal Argentinean sausages. *International Journal of Food Microbiology*, 103:131-142.
- Gerez, C.L., Torino, M.I., Rollan, G., and de Valdez, G.F. (2009). Prevention of bread mould spoilage by using lactic acid bacteria with antifungal properties. *Food Control*, 20:144-148.
- Hannon, J.A., Kilcawley, K.N., Wilkinson, M.G., Delahunty, C.M., and Beresford, T.P. (2007). Flavour precursor development in Cheddar cheese due to lactococcal starters and the presence and lysis of *Lactobacillus helveticus*. *International Dairy Journal*, 17:316-327.
- Head, I.M., Saunders, J.R., and Pickup, R.W. (1998). Microbial evolution, diversity, and ecology: a decade of ribosomal RNA analysis of uncultivated microorganism. *Microbial Ecology*, 35:1-21.
- Heiman, M. (1997). Webcutter 2.0. Available at <http://rna.lundberg.gu.se/cutter2> (Last accessed 31 October 2008).
- Larkin, M.A., Blackshields, G., Brown, N.P., Chenna, R., McGettigan, P.A., McWilliam, H., Valentin, F., Wallace, I.M., Wilm, A., Lopez, R., Thompson, J.D., Gibson, T.J., and Higgins, D.G. (2007). ClustalW and ClustalX version 2. *Bioinformatics*, 23:2,947-2,948.
- Lee, C.H. (1997). Lactic acid fermented foods and their benefits in Asia. *Food Control*, 8:259-269.
- Ljungh, A. and Wadstrom, T. (2006). Lactic acid bacteria as probiotics. *Current Issues in Intestinal Microbiology*, 7:73-89.
- Marchesi, J.R., Sato, T., Weightman, A.J., Martin, T.A., Fry, J.C., Hiom, S.J., and Wade, W.G. (1998). Design and evaluation of useful bacterium-specific PCR primers that amplify genes coding for bacterial 16S rRNA. *Applied and Environmental Microbiology*, 64:795-799.

- Rantsiou, K., Drosinos, E.H., Gialitaki, M., Metaxopoulos, I., Comi, G., and Cocolin, L. (2006). Use of molecular tools to characterize *Lactobacillus* spp. isolated from Greek traditional fermented sausages. *International Journal of Food Microbiology*, 112:215-222.
- Saito, T. (2004). Selection of useful probiotic lactic acid bacteria from the *Lactobacillus acidophilus* group and their applications to functional foods. *Animal Science Journal*, 75:1-13.
- Sakai, K., Taniguchi, M., Miura, S., Ohara, H., Matsumoto, T. and Shirai, Y. (2004). Making Plastics from Garbage. *Journal of Industrial Ecology*, 7:63-74.
- Stiles, M.E. and Holzapfel, W.H. (1997). Lactic acid bacteria of foods and their current taxonomy. *International Journal of Food Microbiology*, 36:1-29.
- Temmerman, R., Huys, G., and Swings, J. (2004). Identification of lactic acid bacteria: culture-dependent and culture-independent methods. *Trends in Food Science and Technology*, 15:348-359.